



XTERMIGATOR HELLENIC KIDS

My Orthodox Church Adventure Workbook

Learn - Pray - Draw - Remember - Belong

This book belongs to: _____





Welcome to Our Church Family

Draw yourself with your church family. Everyone belongs here.

- My church is called _____.
- One thing that helps me feel welcome is _____.





My Five Senses in Church

Look at the pictures. Think about what you notice with each sense.

- I can SEE _____.
- I can HEAR _____.
- I can SMELL _____.
- I can TOUCH _____.
- I can TASTE _____.



Parts of the Orthodox Church

Use the blank labels to name what you recognize. Ask an adult for help if you need it.

- Find: iconostasis • candles • icons • nave • altar area



Getting Ready for Divine Liturgy

Put these ideas in the order that works for your family.
Then draw or write one more way you prepare.

Get ready - travel together - enter calmly - pray - participate

My family's order:

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

One more way we prepare: _____



My Sunday Prayer

Write or draw a prayer for today. You can thank God, ask for help, or pray for someone.

- Today I am thankful for _____.
- Please help _____.





Meet Saint George

Look at the picture and talk about courage, faith, and helping others.

- A brave choice I can make is _____.
- Draw a symbol that reminds you to be courageous.



Meet Saint Paraskevi

Use the spaces to draw or write what you learn about Saint Paraskevi.

- One kind thing I can do is _____.
- One thing I want to remember is _____.



Feast Day Celebration

Feast days bring the church family together. Draw or write what you notice during a celebration.

- I notice _____.
- My favorite part is _____.

My Name Day

Complete the boxes with help from your family or church community.



My patron saint: _____



My name day: _____



A prayer or tradition: _____

Draw or write how my family celebrates
my name day or honors my patron saint.

Acts of Kindness Calendar

Choose a square each day. Draw a heart, star, or check when you complete an act of kindness.





Thank You, God

Draw or write three things you are thankful for today.

1. _____
2. _____
3. _____

I Can Remember

Use the circles as check marks. Celebrate what you learned and choose one thing to practice.



My faith reflection

Draw or write one thing you want to remember.

- ☐ I can name something I noticed in church.
- ☐ I can describe one way we prepare for Liturgy.
- ☐ I can tell why icons and candles matter.
- ☐ I can share something I learned about a saint.
- ☐ I can practice kindness and service.
- ☐ I can choose one faith habit to practice.





Appreciating the Love of Christ

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